



Special Offer for TRAVEL AGENT

# Don't Wish, Work For It!

## Slimming Program



### Danubius Health Spa Resort Margitsziget 4\* - Budapest

#### 21 Nights Slimming Program

#### 28 Nights Slimming Program

09.05.16 – 18.06.16  
26.08.16 – 31.10.16

19.06.16 – 25.08.16

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26.08.16 – 31.10.16

19.06.16 – 25.08.16

SINGLE

DOUBLE  
( per person )

SINGLE

DOUBLE  
( per person )

SINGLE

DOUBLE  
( per person )

SINGLE

DOUBLE  
( per person )

3,340 EUR

2,890 EUR

3,185 EUR

2,790 EUR

4,415 EUR

3,820 EUR

4,210 EUR

3,680 EUR

Margitsziget “ Margaret” Island is located in Danube River in Budapest

Two Way Transportation ( Airport Budapest ) 80 € / per car ( max. 3 persons )

#### The program includes the following:

- ✓ Hotel accommodation with the arrival on Sunday
- ✓ Three meals a day ( Breakfast + Lunch + Dinner ) as per dietician's prescribing 3 times a day, once a week fast-day
- ✓ Use of health spa, swimming pool, thermal bath, sauna, steam bath, aroma cabin.
- ✓ VAT & Local tax

#### Diagnostics:

- Doctor's check-up ( body fat measuring, weighing, blood pressure measuring, general medical examination, final check-up )
- Nutrition advice with dietician
- Fitness check-up

#### Fitness:

- Daily 1 hour fitness exercises at the Danubius Premier Fitness Club at 16:00 ( 5 times a week )
- Nordic walking on the island with trainee 3 times a week at 08:00 in groups

#### Treatment:

- 3 times massage 40' per week
- Infra sauna ( 2 times a week )
- Aqua detox treatment ( 2 times a week )
- Lymph drainage massage by machine 2x20'

#### Beauty:

- Fat burning, slimming body wrapping for women or electronic fat burning treatment for men ( 3 times / week )

#### Nutritional supplementary:

- Fitoslim chewing tablets 2x / day ( Pineapple + L Karnitin ) – fat burners
- No appetite tablets ( Korean pine nut oil ) - appetite reducing
- NEERA syrup 1x2 litre / week – fast day: no other meals this day! – detoxifying
- 3 teabags green tea / day



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